

DOCKERS



OFFICIAL MAGAZINE OF
THE FREMANTLE DOCKERS

MARCH 2016 VOLUME 12.1
\$5.95 (INC GST) PP606264/1022



EVERY
PLAYER
PROFILE

ROSS LYON
INSIDE
WORD

LACHIE NEALE
TEAM
USA

THE MAKING OF A CAPTAIN

DAVID  MUNDY



ISC LIVE.DREAM.PLAY



Follow ISCSport



www.iscsport.com

8

The making of a captain

Family and friends give an insight into the real David Mundy.

“

HE'S REALLY DIRECT ABOUT FEEDBACK BUT HE DOES IT IN A PERFECT WAY, IT'S SHORT AND WHAT YOU NEED TO HEAR BUT IT'S NEVER PERSONAL.

MATT DE BOER



DOCKERS

OFFICIAL MAGAZINE OF THE FREMANTLE DOCKERS

MARCH 2016

4 Follow us on Instagram, Twitter and Snapchat

See what's been happening in the #foreverfreo world.

7 Purple Pocket

The latest happenings in and around the club.

12 Foundations Laid

Construction for Freo's new home base well underway.

14 Community Partners

Getting ready for another Starlight Purple Haze.

16 Lachie Neale

United state of mind.

20 Events Calendar

What's happening in 2016.

22 Season Guide

24 2016 Fixture

A guide to the season ahead.

28 The Inside Word

With Ross Lyon.

32 Player Profiles

43 Where Have They Docked?

Antoni Grover.

44 Purple Patch

Our supporters around the world.

46 Kidzone

Fun for all the Freo kids.

A PRODUCT OF THE
FREMAN TLE DOCKERS
COMMUNICATIONS
DEPARTMENT
FREMAN TLE
FOOTBALL CLUB LTD
Parry Street
Fremantle WA 6160
P.O. Box 381
Fremantle WA 6959

ADMINISTRATION
Phone (08) 9433 7000
Fax (08) 9433 7001

MEMBERSHIP
Phone (08) 9433 7111
Fax (08) 9433 7002
Email membership@
fremantlefc.com.au
Web fremantlefc.com.au

EDITOR
Kasey Ball
WRITERS
Kasey Ball, Ned Balme,
Rosie Duffy, Luke Morfesse
DESIGN AND PRODUCTION
AFL Media

PRINTING
Abbott & Co
INSERTS AND FLYSHEET
ADVERTISING
Communications Department,
Fremantle Football Club
PHOTOGRAPHY
Fremantle Football Club,
AFL Media, Daniel Carson

© Fremantle Football Club 2016
All rights reserved. Without
limiting the rights under copyright
above, no part of this publication
shall be reproduced, stored in or
introduced into a retrieval system,
or transmitted in any form or by
any means (electronic, mechanical,
photocopying, recording or otherwise)
without the prior permission of the
Fremantle Football Club. Information
correct at time of going to print.

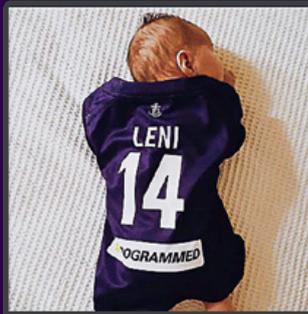


FREMAN TLE
DOCKERS



Matt de Boer
@mattdeboer9

It was a privilege to meet brave young Lucas and the Snow family
Hope you enjoyed your birthday week mate.



Lachie Weller
@lachsweller

Proud uncle ❤️
#niece



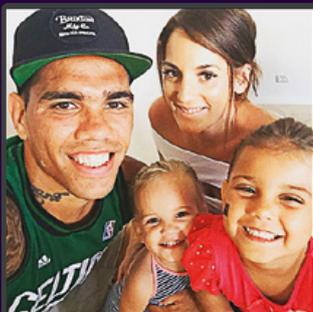
Mick Soh
@Mick_Soh

Meshowing some purple
pride in Kuala Lumpur!

@FreoDockers #ForeverFreo FreoDockersSnaps

#foreverfreo

A look at what's been happening in the #foreverfreo world.



Michael Walters
@son_son_10

Off to the fireworks
#myfamily #bestcompany



Rob Cashman @robcashman

#foreverfreo Our 4 month old Dockers fan son Owen meeting our
new Captain! Awesome!



Renee ❤️ 🇺🇸
@reneemc78

Received their Member packs today
#foreverfreo #football #afl
#dockers #passion #season 2016
#freoforever



Mark Z.
@citilimit

Bringing the @freodockers to
the ski slopes of Western Maine



Jack Hannath
@jackhannath

Yesterday's crew. Yesterday's view.
🍷 🍷 🍷 🍷
#douth



Zac Clarke
@zclakkas
Having a mare
#kimberleyquest



David Mundy
@davidmundy16
A great way to spend some
time off. #wicked



Hayden Ballantyne
@hballas
Uncle Tony's baby sitting service.
#nature



Fremantle Dockers
@freedockersnaps



Who doesn't love a gym session?



Fremantle Dockers
@freedockersnaps

PROGRAMMED OUR TEAM SUPPORTS YOURS



We already support your favourite team,
now let us support your business:

- Skilled Workforce
- Professionals
- Property Services
- Facility Management
- Marine

programmed.com.au

 **PROGRAMMED**

Proud Major Sponsor



FREMANTLE
DOCKERS

RECRUIT. DEPLOY. MANAGE. MAINTAIN.

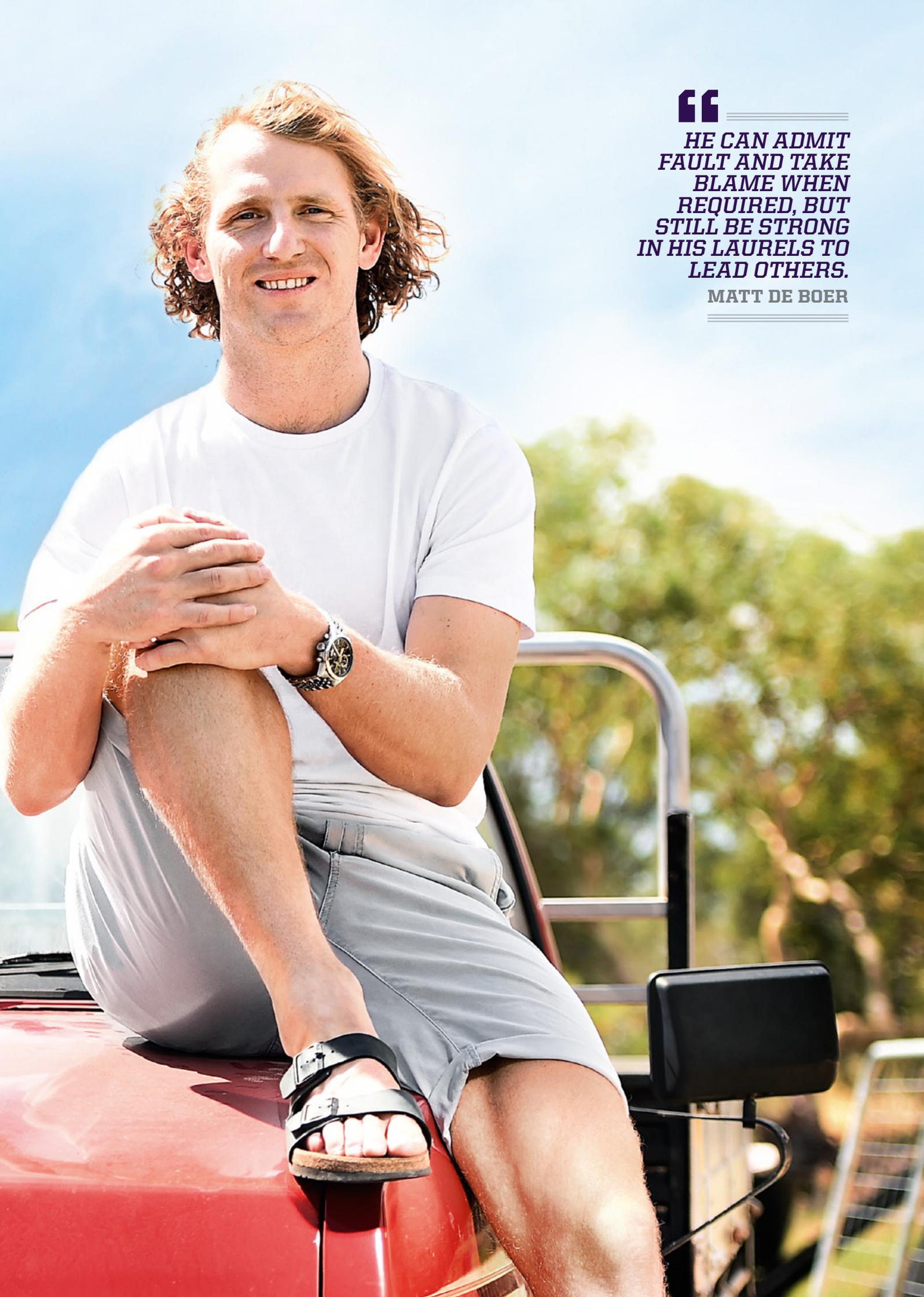
THE MAKING
OF A

CAPTAIN

DAVID  MUNDY

On January 15, 2016, David Mundy was named the eighth captain of the Fremantle Dockers, but his leadership journey can be traced back a lot further.

STORY » NED BALME



“

**HE CAN ADMIT
FAULT AND TAKE
BLAME WHEN
REQUIRED, BUT
STILL BE STRONG
IN HIS LAURELS TO
LEAD OTHERS.**

MATT DE BOER

FAMILY LIFE: David and Sally Mundy at home with their sons Hudson (1) and Finn (2).



One minute and twenty-two seconds remained in front of 39,777 footy fans at the MCG. Fremantle's Garrick Ibbotson intercepted an errant Richmond kick-in from Bachar Houli. Ibbotson located an open David Mundy, 45m out, directly in front of goal. Mundy kicked truly to put Freo ahead with 32 seconds remaining, in what would go down as one of the most memorable victories in Fremantle Dockers' history.

To the casual fan, that moment in round 17, 2015 may have helped solidify David Mundy as the next skipper of Fremantle, but for those closest to him, the journey to captaincy began a lot earlier.

"He was always a good player, but not necessarily a stand out," said Peter O'Keefe.

O'Keefe coached Mundy from under 12s through under 16s at St Mary's Football Club in Seymour, Victoria and said his leadership had always been on display, whether he knew it or not.

"What was always more important for Dave was that others saw him as a leader, but he would never have seen it that way, he would just continue to go about his business and play.

"I think that's almost what made him such a natural leader, is that with or without the title of 'captain', he'd always be thinking about the team."

“ HE ALWAYS ENJOYED THE TEAM ASPECT OF ANY SPORT, HE NEVER WANTED TO PLAY INDIVIDUAL SPORTS. ”

JOCK MUNDY

For O'Keefe, selflessness was a recurring theme as he reflected on his days coaching the boy who would become Freo captain nearly 15 years later.

"He'd always be the one to go play on the superstar kid and try and shut him down," he said.

"It's not too often that a kid willingly puts themselves in a position to fail but David did that and it made him a better player and leader.

"I remember a game against Broadford, they had this very big kid, clearly matured a lot earlier and fancied himself as an 'enforcer', but in under-age footy that's just a polite way of saying he was a bully.

"And Dave delivered a bump to this big fella and it really set the tone, and from what I remember it was the only time Dave asked me if I'd seen something he did during a game and I responded 'as a matter of fact I did, it was a ripper!'"

Mundy displayed his knack for football at a young age, but it was his incessant pursuit of team sport that kept him driven throughout his teenage years.

His father Jock remembered a life in country Victoria that seemed to revolve around the team environment.

"He always enjoyed the team aspect of any sport, he never wanted to play individual sports," he said.

"It was a bit of a juggling act because he had cricket, basketball and football and he was pretty good at each, and Dave being Dave he always wanted to please everyone and just couldn't say no."

The soft-spoken David Mundy that Fremantle fans have come to love and footy fans have grown to revere, wasn't always the most well behaved kid but his antics weren't the worst a kid could get up to, according to his father.

"When he was in grade two his teacher told me that he'd never miss an opportunity to practice his fast-ball," he laughed.



"The class would have to walk to the back of the room to pick up a book from the shelf, and there's Dave sprinting ahead of everyone going through his bowling motion.

"It wasn't the worst thing for a kid to do, and in a way it kind of spoke volumes about his commitment, that he'd take a five second opportunity to practice."

Mundy's total dedication to improvement remains a constant presence in the family household, but he's always found a way to distinguish the line between football and family, according to his wife Sally.

"He definitely wears the football hat on game day and becomes 'Football Dave', and I'll be watching at home on TV and just think to myself, 'Who is that guy?'," she laughed.

"His football persona doesn't really come through at home. I've seen him give teammates a spray on occasion but at home he's definitely the 'good cop'."

Mundy's 'good cop' character is reserved for his two sons, Finn and Hudson, who are lucky to have the Freo captain as their dad, according to Sally.

"He's just a really good dad, and everything just comes naturally to him," she said.

"He's very consistent and systematic with his rules and the values that he sets."

While accepting the role of captain of an AFL club could be a monumental change in anyone's life, Sally said it was an earlier appointment in David's career

that opened her eyes to his leadership potential.

"The biggest impact for me was when he became part of the leadership group," she said.

"There was a huge change in Dave. He had a go at university earlier in life but this time began studying a degree in Marine Science and really applied himself.

"He never started the degree so he could say 'I want to be known as a marine scientist', it was more of a pet project for him, but since then he's excelled academically and it's become very important to him.

"On a normal week he'll train hard, travel for an away game and the moment he gets home, the headphones are on and he's listening to the lectures, all the while finding time to be a great dad.

"When I look at him now as captain, I remember that moment where he channelled his leadership, took his focus to another level and I think that might have even been the time where it occurred to Dave that captaincy wasn't too unrealistic."

Mundy's storied career with Fremantle has been a slow burn. Often under the radar, constantly underrated but never underappreciated by his teammates.

Fellow Freo midfielder and close friend Matt de Boer credited Mundy with guiding him through the first years of his life as a professional footballer.

"Dave really took me under his wing, looked after me and taught

me how to approach the AFL lifestyle," de Boer said.

"He's always had this ability to lead by example, on the track or on game day and he knows how to communicate with people."

One of the more surprising features of the mild mannered, country boy Mundy, may be his ability to deliver a fierce 'spray' on the field. But de Boer said he'd always been able to communicate in the most effective way with teammates.

"I don't think you've ever played a game for Freo unless Dave Mundy has given you a spray," he laughed.

"He's really direct about feedback but he does it in the perfect way.

"It's short and what you need to hear but it's never personal and he always lets us know that."

"It's a great quality to have and I think what makes it more poignant is that Dave readily accepts criticism his way, he isn't above it at all.

"It's a real sign of confidence in his abilities as captain, that he can admit fault and take blame when required, but still be strong in his laurels to lead others."

Mundy's evolution as a leader and captain of the Fremantle Dockers may have been noticed at different ages, in different circumstances and with different expectations, but the end result was never in doubt.

The Freo captaincy didn't arrive on Mundy's doorstep on the back of high profile performances but rather an underlying passion for the club and all those who don the purple. It's the very same passion that has driven him to his career best football, even 233 games in. 

FOUNDATIONS

OUR NEW HOME BASE

The construction of the Fremantle Dockers new Elite Training and Administration Facility (ETAF) at Cockburn Central West is well underway and on track to be delivered by March 2017. The overall progress of the project is now 30 per cent complete and the structure and size of the facility can now be seen on site. The construction of the new training oval by club sponsor Programmed is well advanced with more than 90 per cent turf coverage and is expected to be suitable for training on by May 2016. 🏏



HOME BASE: Things are starting to take shape at Cockburn Central West.

THANK YOU TO OUR EARLY DONORS



Thank you to our members and supporters who have donated so far to the Fremantle Dockers Foundation. Your contributions have raised vital funds to support the work of the foundation which includes our community engagement and social inclusions programs, elite performance and sustained on field success, pathway and development program for aspiring athletes and ensuring the future of the club. Not only is the construction of the new facility well underway but we have also launched our new "Friends of the Foundation" program to support a variety of community groups and charitable organisations. Through your donations, the club is able to partner with these organisations to help make a difference in the lives of people who need it most. 🏏



2016 PRINCIPAL FRIENDS OF THE FOUNDATION



2016 ASSOCIATE FRIENDS OF THE FOUNDATION



Ronald McDonald House®
PERTH



To donate to the Fremantle Dockers Foundation go to fremantlefc.com.au/foundation

All donations over \$2 are tax deductible.

L A I D



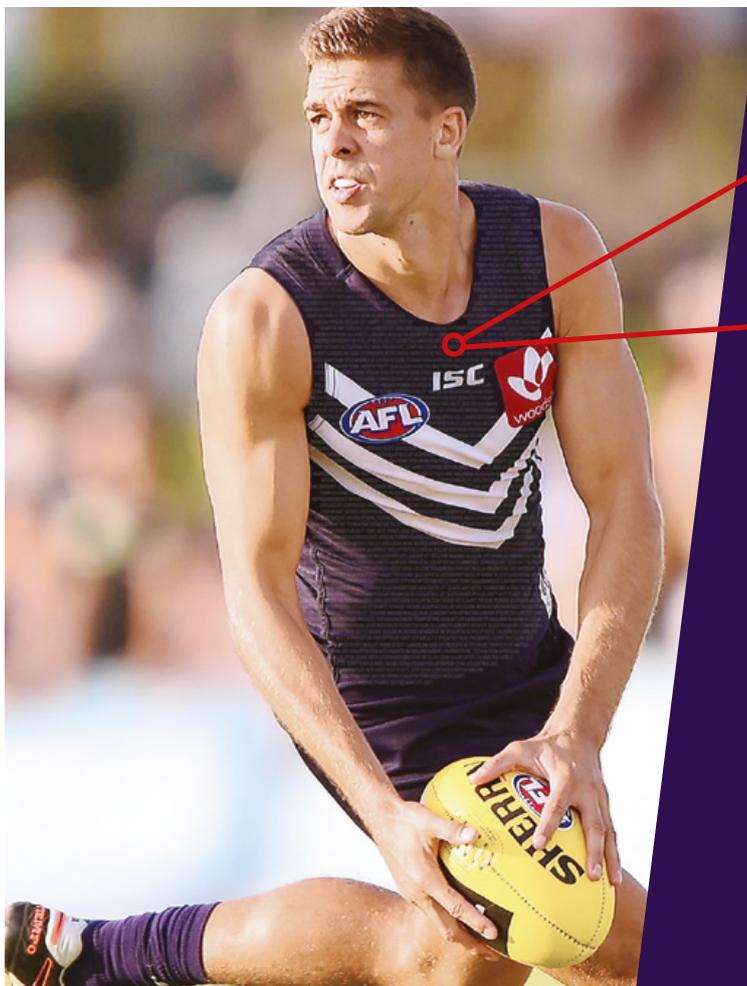
GET INVOLVED IN MORE WAYS THAN ONE

Our round 13 clash against Port Adelaide on Saturday 18 June will officially be called the Fremantle Dockers Foundation Round. The club will use this match to celebrate our charity partnerships and highlight the important work of the club in the community.

The players will wear a limited edition jumper, customised with fans' names, for the blockbuster match. The jumpers are on sale now, with all proceeds supporting the Fremantle Dockers Foundation.

Members and fans are also encouraged to attend a special fundraising gala event being held at Crown Perth on Saturday 16 July. The occasion will be a fantastic opportunity for fans to come together to celebrate and support the Fremantle Dockers Foundation.

For ticket and event information visit fremantlefc.com.au/events



CLUB EXCLUSIVE

SMITH STUART
 WARD DAVID WARD GEMMEL
 REBECCA REY ANDREW CAMERON
 MURRAY STEPHEN HILL BRAD MANNING
 RINE WILD ANGUS HAYES ASHLEE
 H MICHAEL EVANS BRADLEY MILNE
 HELLE MASON JESSICA LENDON
 HAN KILTON JASON MANNING
 BAKER STUART WALTON

\$199.95



SECURE YOUR NAME ON OUR FOUNDATION JUMPER

ORDER NOW FROM THE ONLINE TEAM STORE

ROUND 13 FREMANTLE V PORT ADELAIDE
 SATURDAY 18 JUNE | 2.35PM | DOMAIN STADIUM

www.fremantlefc.com.au/teamstore

PREPARE FOR A PURPLE HAZE

It's time to start planning your purple outfit to wear to the annual Starlight Purple Haze Game, proudly supported by Fremantle Ports.

Now in it's 14th year the match has helped raise more than \$900,000 for the Starlight Children's Foundation, allowing great work to be done to brighten the lives of seriously ill children and their families.

This year we are on track to reach \$1 million in fundraising, and with the help of the Purple Army, we're sure we can achieve this great result.

In a new initiative for 2016 Freo fans are encouraged to commit to a Purple Haze Pledge.

Registering a Purple Haze Pledge is a fun way to get involved in the match and also raise funds at the same time.

Pledges can be anything from donating \$1 for every hitout Aaron Sandilands gets, or offering \$50 if your friend dyes their hair purple for the game. After you decide your pledge we encourage fans to share it on social media to spread the word.

It's going to be a big ask to crack the \$1 million dollar mark this year, but we know we've got the best fans in the business and there's no better people for the job. 



Supported by



2016 STARLIGHT PURPLE HAZE GAME

Saturday 2 April
4.40pm
Domain Stadium

REGISTER A PURPLE HAZE PLEDGE
fremantlefc.com.au/purplehaze

THERE'S NO PLACE LIKE HOME

Having grown up in Bunbury, Freo youngster Connor Blakely knows how hard it can be for families with sick children who need to move to Perth for treatment.

That's why the 20-year-old has become an ambassador for Ronald McDonald House, a 2016 'Friend of the Foundation'.

In February, Blakely joined Cam Sutcliffe, Alex Pearce and Hayden Crozier on a tour of the brand new Ronald McDonald House facility in Nedlands. During the visit he was able to see first hand how important the facility is to families from regional areas of WA.

"I really enjoyed the visit, the new facilities are state-of-the-art which gives families a great place for them

and their children to hang out and relax while the child isn't having treatment," Blakely said.

"Like the staff said to us during our visit, it's a true home away from home for the families."

The group of Freo youngsters are planning on spending time in the kitchen at the house to help the head chef cook and serve meals for the residents.

"I know the guys are really looking forward to getting along to the house, cooking dinner for the families and most importantly being able to meet the kids in there who are doing it tough," Blakely said.

The Fremantle Dockers Foundation supports the important on and off field work of the Fremantle Football Club including community engagement and social inclusion.



FEELING AT HOME: Ambassadors Alex Pearce, Hayden Crozier, Cam Sutcliffe and Connor Blakely check out the new Ronald McDonald House facility.



Big Splash WITH UNI CAMP KIDS

Their ability on the football field is undeniable, but Fremantle Dockers Clancee Pearce and Michael Walters proved to be more than capable in the water, as they surprised the children of "Uni Camp for Kids" at the Fremantle Leisure Centre in January.

Uni Camp for Kids provides camps and activities for at risk youth and it was a cause that both Pearce and Walters said was very important.

"It's a week long camp and it's really good for the kids to de-load from their lives and have a good week," Pearce said.

"For me and 'Sonny' to come down and show our face, it makes their day.

"They're all pretty happy and wanted to come up for a chat, they certainly weren't shy."

Walters echoed Pearce's sentiments and pointed out how



KIDDING AROUND: Michael Walters and Clancee Pearce get involved with Uni Camp for Kids.

important it was for the kids to spend time together.

"It's very important," he said.

"To come down here and have a bit of fun with every other kid who's going through the same stuff."

The fan favourites surprised the kids and took them through a typical Freo pool recovery session, and then became big kids themselves.

"We started off with a bit of a recovery session, and took them through what we do the day before and after games," Walters said.

"Then we had a bit of fun throwing the footy around in the pool even though the lifeguards didn't really like it," he laughed.

While the kids loved Pearce and Walters, the Freo duo were adamant that they just did their

part to help, and the real credit goes to the kids and support staff.

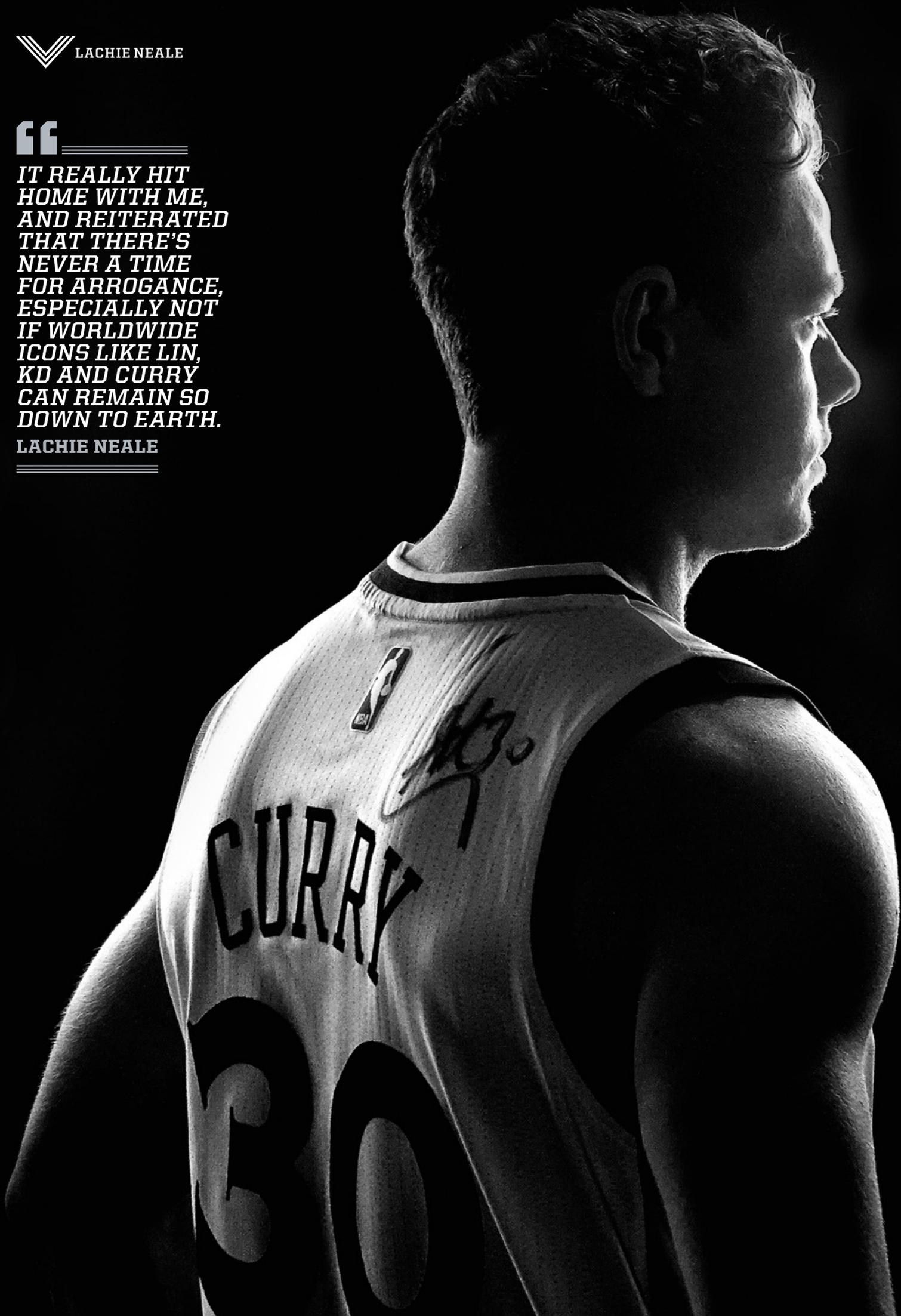
"This type of thing wouldn't work without all the volunteers and support that's around them."


Uni Camp for Kids

“

IT REALLY HIT HOME WITH ME, AND REITERATED THAT THERE'S NEVER A TIME FOR ARROGANCE, ESPECIALLY NOT IF WORLDWIDE ICONS LIKE LIN, KD AND CURRY CAN REMAIN SO DOWN TO EARTH.

LACHIE NEALE



UNITED STATE OF MIND

What began as a sporting odyssey for Lachie Neale resulted in the talented midfielder seeing football with an entirely fresh perspective

STORY » NED BALME

The United States of America is a country famous for transcendent sporting figures, global entertainers and an almost unrivalled sense of national pride. For Lachie Neale and teammate Hayden Crozier it was all of this and so much more. The American expedition took the Freo duo to California, Nevada, Texas and New York before the learning experience really began.

"The basketball tour really kicked off from New York," Neale said. "We then went to Oklahoma City and managed to watch opening night of the NBA and also watch Golden State get their first of about 20 wins in a row." Witnessing Golden State triumph was of particular significance to Neale, whose support of the team goes back to before he was even playing for Freo. "I started going for Golden State in 2011, I was watching Davidson University play on ESPN and there was this bloke called Steph Curry who was playing. "I never really had an NBA team to follow, but after I saw Curry score 45 points while playing in college I said to myself, 'wherever this bloke gets drafted, that's who I'm going to go for.' Neale would later meet Curry and his fandom only grew after speaking with the 2015 NBA MVP.

"I fell in love with him a little bit more," he admitted. "He was one of the most humble guys I've ever met."

The character trait 'humble' became a recurring trend as Neale and Crozier continued to meet arguably the greatest athletes in world sport.

"The night before the game in OKC we actually spent about 30 minutes talking with Kevin Durant," Neale said.

"He spoke about how he always wanted to be the best, but it was taking him longer than expected, so he got frustrated with himself. "Instead of blaming people, or circumstances, he told us that he had to accept that he wasn't the best at the time and that he wasn't just going to magically become the best. "What we often say at Freo is just 'get into action' to become the best, and to see him also have that level of motivation, especially considering what he's already achieved at the age of 25 was eye-opening."

Motivation for Kevin Durant came from more than just chasing records and championships, but also the people he surrounded himself with, in particular Maurice "Mo" Cheeks. Cheeks, or "Coach Mo" as he's known, was a four-time NBA all-star, a successful head coach and had his jersey retired by the Philadelphia 76ers. But to Kevin Durant, he was so much more than just a basketball figure.

"Coach Mo was sort of a life mentor to 'KD', so they spoke nearly everyday," Neale said.

"We met Coach Mo and he told us a lot of stories, which gave us a really good insight into his mentality. "His mantra revolves around his faith and treating people with unconditional respect, regardless of what they can do for you. "He had time for anyone who wanted to talk, and you could really tell how his mentality drew people toward him and that's something that myself and Hayden really aspire to."

Neale and Crozier's foreign enlightenment didn't begin and end in Oklahoma City, as the two also met the man responsible for one of the biggest sporting phenomenons in recent history. NBA point guard Jeremy Lin skyrocketed to near immortal status when he came off the practice squad to turn around a fledgling New York Knicks team in a period that would be forever known as "Linsanity".

In a period of weeks, Lin went from an unknown entity to one of the biggest sporting names in New York City, and beyond. The result of an endless hype machine took its toll on Lin, and Neale said the message rang loud and clear. "He (Lin) said he got caught up in the hype and lost his work ethic," Neale said. "He had a few big games and fell into the hype around himself." A diminished work ethic at the

time resulted in Lin moving on from the Knicks and has since played for three different teams in as many seasons, and has yet to achieve the same soaring heights.

Lin's journey from international superstar in 'the city that never sleeps' to a current player for the Charlotte Hornets provided Neale with perspective that translated well toward his own personal goals.

"He was really insightful," Neale said. "He's obviously been through the highest of highs and the lowest of lows in his short career. "He learned that it's never as good as it seems and it's never as bad as it seems, so he took the time to put things into perspective and just regain his work ethic."

"He got to the stage where he got comfortable and that harkens back to always finding something to strive for and never settling for less. "It's a really good message for us as football players, that even though you have a few good games, no matter how much you achieve you can always improve if you work hard."

What began as a holiday to unwind from the demands of professional football became an insight into what keeps the biggest names in world sport striving for more. For Neale, the conduit to the success for Steph Curry, Kevin Durant and Jeremy Lin can be traced to one word, humble. "To have conversations with those

guys and see how humble they were was overwhelming," Neale said.

"You could tell how much time they had for others and that they had a very strong moral compass.

"There are some pretty big personalities in US sport and we saw some guys that weren't on the same page as them.

"It really hit home with me, and reiterated that there's never a time for arrogance, especially not if worldwide icons like Lin, 'KD' and Curry can remain so down to earth."

Lachie Neale has already achieved a great amount in his short career.

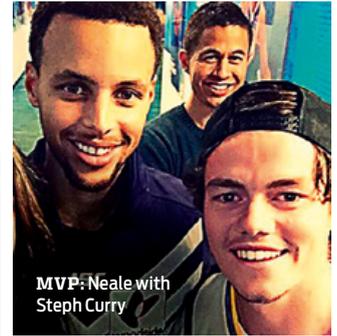
And while some may be content with two Ross Glendinning Medals, an AFL 22under22 selection and inclusion in the 40 man All Australian squad, Neale was adamant that he wouldn't rest on his laurels and that his time in the US had only strengthened his ambition.

"I always know that I can improve, but to see those guys talk about deficiencies in their game when they're both in the all-time great category.

"It's just more of a motivation for me."



HONORARY DOCKER:
Presenting the jumper to Kevin Durant



MVP: Neale with Steph Curry



LINSANITY: A 'lunch and learn' with Jeremy Lin



LEGENDARY LINEUP:
On the TNT set with Shaq



CHAMPION MATERIAL:
Alongside the NBA championship trophy

PROUD SPONSOR OF THE FREMANTLE DOCKERS

**LIGHT,
FAST AND
RESPONSIVE**
NEW GEL-LETHAL TIGREOR 9 IT



ASICSaustralia   

WANT IT MORE 

FREO TIPSTERS COMPETITION
**TIP YOUR WAY TO THE
2016 AFL
GRAND FINAL**

THANKS TO  PROGRAMMED



WEEKLY
PRIZES

23 ROUNDS

Be the best tipster
each week

WIN A \$100 FREO
MERCHANDISE VOUCHER

THE
GAUNTLET

COMMENCES RD 5

Pick one winner each
round to advance

WIN A 2016 FREO
SIGNED GUERNSEY

PICK 5

COMMENCES RD 11

Pick five winners each
round to advance

WIN A 2016 FREO
SIGNED GUERNSEY

Sign up at tipping.fremantlefc.com.au
for your chance to **WIN!**



FOREVER
FREO

 PROGRAMMED



2016 EVENTS CALENDAR



STARLIGHT PURPLE HAZE GAME

Round 2 v Gold Coast
Saturday 2 April 2016
Domain Stadium
4.40pm



MEMBERS LUNCH

Round 5 v Carlton
Sunday 24 April 2016
Bill Walker Room - 12.40pm
Book now (08) 9433 7111

MEMBERS LUNCH

Round 23 v Western Bulldogs
Date TBC
Bill Walker Room
Book now (08) 9433 7111



MEMBERS DINNER

Round 9 v Richmond
Saturday 21 May 2016
Bill Walker Room
4.10pm

GRAND FINAL BRUNCH

Saturday 1 October 2016
Grand Hyatt Melbourne
9.30am
Bookings via sales@fremantlefc.com.au



DOIG MEDAL PRESENTATION DINNER

Saturday 8 October 2016
Crown Perth
6.30pm
Tickets on sale 10 August

ANCHORS AWAY FUNCTION

Round 3 v West Coast
Saturday 9 April 2016
The Vic Hotel - 3pm
Bookings via sales@fremantlefc.com.au

OPEN TRAINING SESSION 2

Tuesday 5 July 2016
Fremantle Oval
9am



HBF SCHOOL HOLIDAY PROGRAM

Tuesday 19 April 2016
Fremantle Oval
2pm-5pm
Registrations via fremantlefc.com.au



FREMANTLE DOCKERS FOUNDATION BALL

Saturday 16 July 2016
Crown Perth
6.30pm
Tickets on sale 12 May



OPEN TRAINING SESSION 1

Wednesday 20 April 2016
Fremantle Oval
9am



ANNUAL MEMBERS MEETING

Wednesday 23 November 2016
Annual Members Meeting
SFFC

JUNIOR CHRISTMAS PARTY

December
Fremantle Oval
TBC

To book and for more information visit fremantlefc.com.au/events

A PUB WITH A VIEW.



**CARLTON
DRAUGHT**

F R O N T B A R

*This season, Carlton Draught are giving fans the chance to **WIN** tickets into the Carlton Draught Front Bar located on the wing at Domain Stadium. You can soak up the pub atmosphere and cheer on the boys from the best seats in the house, all while enjoying a Brewery Fresh Carlton Draught with your mates.*

*For the chance to win tickets to the Carlton Draught Front Bar, follow **@FreoDockers** on Instagram and Twitter or visit **www.fremantlefc.com.au** for more information.*

There is no better way to watch the Freo Dockers at Domain Stadium!

2016 SEASON GUIDE





FREMANTLE DOCKERS

24 2016 Season Fixture

25 Fixture Preview

27 2016 Milestones

28 Q&A with Ross Lyon

32 Player Profiles

41 2016 Sponsors





FREMANTLE
DOCKERS

2016 Season Fixtures

NAB CHALLENGE

RD	DATE	CLUB	VENUE	LOCAL TIME
1	Friday 19 February	Richmond	Bendigo Bank Stadium, Mandurah	4.10PM
2	Sunday 28 February	Adelaide	Sounness Park, Mt Barker	1.40PM
3	Saturday 12 March	Geelong	Domain Stadium	1.10PM

TOYOTA AFL PREMIERSHIP SEASON

RD	DATE	CLUB	VENUE	HOME/AWAY	LOCAL TIME
1	Sunday 27 March	Western Bulldogs	Etihad Stadium	AWAY	1.10PM
2	Saturday 2 April	Gold Coast	Domain Stadium	HOME	4.40PM
3	Saturday 9 April	West Coast	Domain Stadium	AWAY	5.40PM
4	Sunday 17 April	North Melbourne	Etihad Stadium	AWAY	4.40PM
5	Sunday 24 April	Carlton	Domain Stadium	HOME	2.10PM
6	Saturday 30 April	Adelaide	Adelaide Oval	AWAY	1.40PM
7	Saturday 7 May	GWS Giants	Domain Stadium	HOME	6.10PM
8	Saturday 14 May	Hawthorn	Aurora Stadium	AWAY	2.10PM
9	Saturday 21 May	Richmond	Domain Stadium	HOME	5.40PM
10	Saturday 28 May	St Kilda	Etihad Stadium	AWAY	4.35PM
11	Saturday 4 June	Essendon	Domain Stadium	HOME	5.40PM
12	Saturday 11 June	Brisbane	The Gabba	AWAY	4.35PM
13	Saturday 18 June	Port Adelaide	Domain Stadium	HOME	2.35PM
14	Friday 24 June	Collingwood	MCG	AWAY	7.50PM
15	BYE				
16	Saturday 9 July	Melbourne	TIO Stadium	AWAY	7.10PM
17	Friday 15 July	Geelong	Domain Stadium	HOME	6.10PM
18	Saturday 23 July	Gold Coast	Metricon Stadium	AWAY	2.10PM
19	Sunday 31 July	Sydney	Domain Stadium	HOME	1.20PM
20	Sunday 7 August	West Coast	Domain Stadium	HOME	2.40PM
21	Sunday 14 August	Adelaide	Domain Stadium	HOME	2.40PM
22	Saturday 20 August	GWS Giants	Spotless Stadium	AWAY	4.35PM
23	TBC	Western Bulldogs	Domain Stadium	HOME	TBC

 Membership
(08) 9433 7111

 Fremantle Oval
Parry Street,
Fremantle WA 6160

 PO Box 381
Fremantle WA 6959

 fremantlefc.com.au



@FreoDockers

“

IN ONE OF THE BIGGEST GAMES OF 2016, FREO TRAVEL TO THE MCG TO FACE COLLINGWOOD IN A ROUND 14 FRIDAY NIGHT BLOCKBUSTER



2016

FIXTURE PREVIEW

The 2016 Toyota AFL Premiership Season kicks off with a tough test for the Fremantle Dockers, playing the fast paced Western Bulldogs on Sunday 27 March at Etihad Stadium. Freo held off the Bulldogs the last time they played, winning by 13 points.

Freo will play their first home match in a blockbuster Starlight Purple Haze Game, proudly supported by Fremantle Ports, against the Gold Coast Suns in round 2 on Saturday 2 April. New recruit Harley Bennell will be eager to play against his old team, and the prospect of a Nat Fyfe, Gary Ablett showdown in the midfield makes this game must see footy.

West Coast is up next, as the first Carlton Draught Derby lands on Saturday 9 April. The Eagles will be the home team, but given the strength of Freo's Purple Army, the home ground advantage shouldn't be too overwhelming. Given the success of both teams over the past year, this could well be one of the biggest Derbies in history and yet another chapter in the storied rivalry.

A round 4 trip to Etihad Stadium on Sunday 17 April to face the Kangaroos could be one of the games of the round. Both teams were preliminary finalists in 2015 and this game has the potential to be an early season finals preview.

Freo return to Domain Stadium in round 5, playing Carlton in the Len Hall Tribute Game on Sunday 24 April, before travelling to the always hostile Adelaide Oval to face the Crows on Saturday 30 April.

A challenging month of football kicks off with a night game against the GWS Giants on Saturday 7 May. The next three weeks will see Freo travel to Tasmania to challenge reigning premiers Hawthorn, host Richmond at Domain Stadium before travelling to Etihad Stadium for the Sir Doug Nicholls Indigenous Round to play St Kilda on Saturday 28 May.

Ryan Crowley could return to face his old club as Essendon roll into town for a round 11 clash on Saturday 4 June. Finding out which Freo player Crowley will attempt to shut down will no doubt be a talking point in the lead up to the contest.

The longest trip in the AFL is on the cards for round 12 as Freo travel to Brisbane. The Lions will be looking to break an eight game losing streak against Freo, who they haven't beaten since 2009.

The Freo faithful will be hoping for a repeat of last seasons round 1 classic as Port Adelaide returns to Domain Stadium on Saturday 18 June. The last meeting was a one-sided affair, with Fremantle resting many players, but in the middle of the season and with a full list, this promises to be a potential match of the round candidate.

In one of the biggest games of 2016, Freo travel to the MCG to face Collingwood in a round 14 Friday Night blockbuster. Freo have won the last three meetings over Collingwood but will have to win in unfamiliar fashion, having not beaten the Pies at the MCG since 2006.

A round 15 bye couldn't come at a better time for Freo as they prepare for three weeks of extensive travel. The team will celebrate Multicultural Round by travelling to Darwin to face Melbourne, then return to play Geelong at Domain Stadium

before making a second visit to Queensland for a Saturday afternoon game against Gold Coast at Metricon Stadium in round 18.

Freo will welcome Sydney to Domain Stadium in round 19 for a qualifying final rematch before hosting the West Coast Eagles in the second Carlton Draught Derby on Sunday 7 August.

The second meeting of the season for the WA rivals could have an extra level of animosity, with both poised for September action, finals implications could be on the cards.

The tough home stretch culminates with a second clash against the Adelaide Crows in round 21 before Freo heads to Spotless Stadium for their last away fixture of the year against GWS on Saturday 20 August.

The final game of the 2016 home and away season sees Freo face the Bulldogs at Domain Stadium in the Freo Member Thank You Game. Given that this is a floating fixture, the final date and time of the game will be released by the AFL at a later date. 🏈



SPORTSBAR

CATCH ALL THE ACTION



Can't make it to the game? Don't miss a moment of the action on Australia's biggest sports bar screens and the energetic atmosphere of Perth's best sports bar.

Crown Perth - Official Sponsor of the Fremantle Dockers.

Check out our sports schedule at www.crownperth.com.au

responsible drinking



CROWNPERTH



CROWNRESORTS



CROWNRESORTS

#MYMOMENT



CROWN

CROWNPERTH.COM.AU

GET THE APP
DOWNLOAD CROWN RESORTS



MILESTONES 2016

Could big names achieve big milestones?

The 2016 Toyota AFL Premiership season could see some of the biggest names at the Fremantle Dockers reach major milestones.

The biggest milestone of the year could be when Matthew Pavlich plays his 350th game, potentially against Melbourne in round 16 at TIO Stadium in Darwin. Pavlich currently sits atop the Fremantle all time games list and would become only the 15th player in AFL history to reach the 350 game mark. If he was to play all home and away games in 2016, Pavlich would sit 12th on the all time games list with 357, surpassing Paul Roos and Bruce Doull.

The man who follows 'Pav' in captaining Fremantle, David Mundy, approaches game number 250 and could do so in round 18 against the Gold Coast Suns at Metricon Stadium. The skipper has been a picture of reliability over his career, playing more than 22 games a season on nine different occasions.

The man responsible for often providing Mundy with the ball, Aaron Sandilands, is also scheduled to play his 250th in 2016. The two-time Doig Medallist could reach the milestone in round 12 against Brisbane at the Gabba.

Another two Fremantle favourites could become eligible for life membership as Matt de Boer and Nick Suban both approach the 150 game milestone. De Boer could reach the mark in a home game against Geelong in round 17 while Suban could notch his in round 22 against the GWS Giants at Spotless Stadium.

Zac Dawson and Clancee Pearce are both on track to celebrate together, as Dawson approaches 150 AFL games and Pearce edges closer to the century mark for Freo. The reliable defenders would reach their respective milestones in round four against North Melbourne at Etihad Stadium.

Nat Fyfe and Michael Barlow both passed the 100 game mark



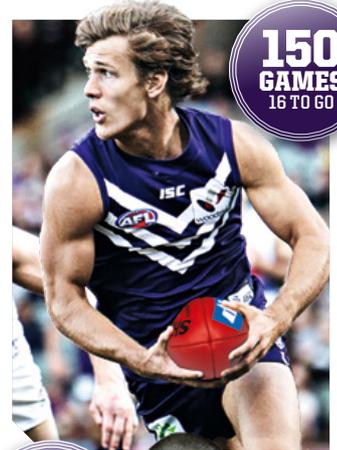
**350
GAMES
15 TO GO**



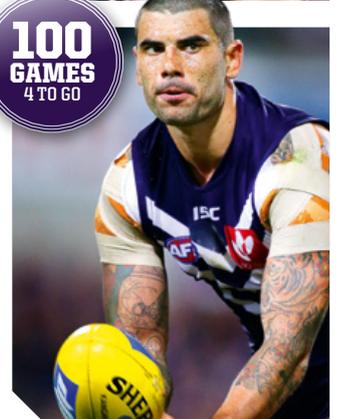
**250
GAMES
17 TO GO**



**250
GAMES
11 TO GO**



**150
GAMES
16 TO GO**



**100
GAMES
4 TO GO**

“ ANOTHER TWO FREMANTLE FAVOURITES COULD BECOME ELIGIBLE FOR LIFE MEMBERSHIP

last season and could be joined by Tendai Mzungu, Zac Clarke and Lee Spurr in 2016.

An already big game could be even bigger for Mzungu, who would play his 100th game against the West Coast Eagles in round 3.

Clarke could celebrate his milestone with an away game against Brisbane in round 12 while Spurr might notch his century in a qualifying final rematch against Sydney in round 19.

Silvagni, Sheridan, Crozier and Taberner could also reach the 50 game milestones in 2016. 🏆

THE INSIDE WORD

Q&A WITH ROSS LYON

On the eve of the 2016 season, senior coach Ross Lyon shares his take on how the team is tracking in the lead up to round one.



“

OUR STOPPAGES
AND DEFENCE WAS
REALLY STRONG BUT
OUR ATTACK WAS
INCONSISTENT.

ROSS LYON

DECEMBER



FRANKFURT
DOCKERS

ISCA

WOODSIDE

WOODSIDE

DECEMBER

Q&A

WITH ROSS LYON

Where have you seen the most improvement in the playing group this pre-season?

We've had an increased focus on our kicking skills and decision making, controlling the ball and taking it to our forwards.

Over summer we've seen gradual improvement but the real test is against quality AFL opposition. Against Richmond in NAB 1, we were about six down on our best 22 and they were probably about 12 or 13 so it wasn't a true indicator but we saw some patterns we liked in terms of spreading the ball and using the width of the ground. Fundamentally, as a collective that's what we've worked on and really the transition of the ball from defence was pleasing but we'll come up against stiffer competition. Then there's also the individual growth, physical improvements of size, increased endurance of Weller, Blakely, Langdon and increased maturity in our backbone players, the emerging experienced players that have played 100-plus games like Hill, Fyfe, Walters and Suban, as well as the continued emergence of Sutcliffe, Neale and Sheridan. It's an individual and a collective improvement. There's the physical conditioning side of things, then there's the methodology of our work with the ball. Our stoppages and defence was really strong but our attack was inconsistent. Our method with the ball we feel there's been some improvements.

You've taken a step back and allowed other coaches to take the reigns at training, how has it helped your improvement as a coach?

We did a fair bit of that last year as well. We collaborate, especially at training and everyone's had an opportunity. It's another means of me diverting my attention while they're executing so I can watch the bigger picture. We've changed our program a bit and how we train so there's more time devoted to footy and increased responsibility for everyone. Two things, it makes them happy and it de-loads me which makes me happy, but don't confuse that with lack of attention to detail and being 'over it'. Stepping away means I'm in charge of 'quality control' and planning and execution, so ultimately, I need to know everything that's going on.



ALL EARS: The coach delivers a message to his players during a pre-season training session.

Has the increased emphasis on skill work instead of traditional running affected the players fitness levels?

It's a good question. The ratio last year was about 60-40, football to running and this year it's 70-30. It's a ten per cent incremental increase on the year. Why do you do the running at the back end of the session is so you can control risk. When players get fatigued, you can't control poor kicks or their twisting and turning. So when they're under fatigue late, if you do your running while they're in that state you can control the risk. We decided to take a risk and do more football and fortunately it hasn't resulted in extra soft tissue strains or incidents as a comparison year-on-year.

How have you seen the new recruits pre-season?

Harley Bennell's had a strong pre-season of building his body up. He had a calf strain which was a reoccurrence so we took more time with that. He returned to full football after NAB 1 and is building really well, he's been fantastic in his work ethic and his application. Darcy Tucker has worked really hard, and was a high possession winner in NAB 1 so we're thrilled about his maturity. In a football sense he's come in with a purpose to play, most come in and want to play but don't understand what it takes but he's been able to contribute at team meetings and has got good run. He needs to build his body but he's off to a great start. Harley Balic had a wrist problem that we're working through, but he's working really hard. It's tough to come into a club where you can't fully immerse yourself in the program but we're really thrilled

with how he's grown. Shane Yarran, mature recruit, unfortunately injured himself in the WAFL and had a medial ligament which resulted in him not really moving for eight weeks which is unfortunate. If he'd been with us we would have known and we would have had a program for him where he could have kept his fitness up. That put him behind the eight ball and we've had to be conservative and build up a body to be ready for AFL. It's been a slow work, but he's still building. Sam Collins, a mature age full back from Box Hill, ripping kid who's got his field sorted off the field. He's added some weight and is training really hard, we've been really impressed with him. He needs to work on his skill level but he knows that. The rookies Uebergang and Nyhuis are settling in well with the demands of AFL football.

LEADERS: Lyon talks tactics with his captain David Mundy.



What are your expectations for our younger defenders such as Alex Pearce and Sam Collins?

Alex Pearce has played senior footy and is going into his third year. He's a long term prospect who works hard and should be able to lock down a defensive post throughout the season. Sam Collins, he has the body for senior footy but he has to claw past Silvagni, Pearce, Dawson and Johnson. We're optimistic but haven't seen him play enough yet.

What can we expect to see from the small forwards spending more time in the midfield?

There's been a lot of talk about it. Walters has been in there a bit more and we just want to be a more flexible team. The forwards have been going in and out of the midfield but we need those guys kicking goals primarily, so it's probably not as much midfield time as everyone thinks.



How have you found the transition from Matthew Pavlich to David Mundy as captain?

The process resulted in some great conversations between the playing group, coaches, our leadership group and our leadership consultant, Ray McLean. It was an invigorating process, a lot of rigour and integrity involved and congruency between what we say and what we do. David Mundy's been fantastic, he'll captain in his own way, and the rigour, character and confidence applies for David and he's standing up and we expect him to stand up.

With Aaron Sandilands coming off a second Doig Medal, who do you expect to stand up and take that second ruck role?

As it is, Aaron is suspended for round one so he'll actually have to get his position back really. He's been a great ruckman for us and Jon Griffin was super for us in the preliminary final and is in good form now. So it will be Griffin, Clarke and Hannath fighting it out for the second ruck role.

The year started with a sizeable rehab group that slowly diminished, what does that say about the players' work ethic?

Well mainly it says a lot about our doctors, physios and conditioners that they can put together a good program that our players buy into. The attitude to their work is unquestioned. We're a blue collar group that's trying to add polish through some ball use. I get feedback every session as to how they've gone, so we know they're tracking well and there haven't been any hiccups. There's a few long termers, but they've all rehabbed really well and are getting back into the full program.

Given how good his 2015 was, how do you expect Nat Fyfe to improve this season?

My expectations are the same for everyone, train really hard every session, try your hardest in every moment and see where it takes us. Obviously people have been improving over a long period of time and there's an expectation that they'll do it again but there's no guarantee, they have to work hard and improve along with the team.

Michael Walters has been very vocal this pre-season, how would you describe his growth as a player?

What we've seen is a continual evolution of his football, with increased leadership and that comes with experience, confidence and preparation. He's worked hard, he's not relaxing, he's the first here in the morning and goes to bed early, eats well, and that allows him to come in here and train incredibly hard. That's his trademark, he's a high end, well prepared, team player.

How important is it for second year mids such as Blakely, Langdon and Weller to learn from our established midfielders?

That's the ideal model but we have to understand that internally, it is competitive. It's their job so the players in there want to keep their job. The players who are comfortable in their skin are probably more inclined to take them under their wing and help them through their apprenticeship. At the end of the day for those second year players, players like de Boer and Suban aren't just going to say 'here you go, take my spot'. Senior players will groom them but at the end of the day they need to fight and struggle to earn their spot.

What have the new members of the coaching staff, Anthony Rock, Brent Guerra and David Hale, brought to the club?

As a collective, they all bring premiership experience. We know they come with great character, work ethic and confidence in their football and that tends to transfer into your coaching and professional life after football. Anthony is a really good teacher of the game so he's come in and works with our development program which we're thrilled about and he's really passionate. Brent found that he still loved football, we thought he had really good knowledge, he coached at Seaford but wanted to get back into the AFL system and that coincided with us appointing David Hale out of Hawthorn as well. David's a teacher by background and has shown his ability to apply himself to a discipline and has three premierships to his name. We thought they could all help us. 

2020 VISION

On Thursday 3 March, 2016 at the club's annual season launch, it was announced to more than 800 guests that Ross Lyon would coach the Fremantle Dockers until at least the end of the 2020 season.

Lyon, who steered the club to its maiden grand final appearance in 2013, four finals series in succession and an inaugural minor premiership in 2015, originally joined the club on a four-year deal for the start of the 2012 season.

In March 2014, on the eve of his third season at Fremantle, Lyon signed a two-year contract extension through to the end of season 2017.

Fremantle CEO Steve Rosich announced the new contract extension, which sees Lyon commit to the club for the next five years.

"Ross is a very experienced and capable senior coach and we are delighted to announce today, as we officially launch our 2016 season, that the club and Ross have agreed to a three-year contract extension which will see Ross at the club through to the end of the 2020 AFL season," Rosich said.

"This important decision enables us to take a long-term view across our football operations

and how we best support our players for today and for the future.

"Apart from securing the services of our highly regarded and experienced senior coach, it allows the club and Ross to plan with certainty well into the future for our football operations, including the coaching team, players and support staff.

"It is worth noting that by 2020, Ross will have completed his ninth season as senior coach of the Fremantle Dockers and the club will have been at its world class new home base at Cockburn Central West for four years and have completed its third home and away season at the new Perth Stadium at Burswood."

Lyon, who in recent media interviews had mentioned how settled his family was in WA, said Fremantle was still building as a club.

"We are not yet at the point where we want to be as an AFL club," he said.

"The key people at Fremantle - across the board, executive, playing group and staff - are united by their drive and determination to build a great club.

"Great clubs win premierships and we are clearly focused on achieving that aim." 



LOOKING AHEAD: Lyon said the extension gave Freo no excuse not to succeed.



2016 FREMANTLE PLAYER PROFILES



We look at how each player is shaping up for the season and hear from their coaches

1



HAYDEN BALLANTYNE

DOB: 16/07/87 **HEIGHT:** 173cm
WEIGHT: 77kg **CAREER GAMES:** 121
CAREER GOALS: 195
DEBUT: Rd 13, 2009 v Collingwood

OUTLOOK:

Will look to rebound back to All Australian form after a disappointing 2015 in which he kicked only 15 goals and suffered a ruptured pectoral tendon. Ballantyne remains a key cog in Fremantle's forward line and has the ability to turn a game with his goal sense and tackling pressure.

WHAT THE COACH SAYS (Mark Stone):

He's had a really good pre-season. He plays in a ferocious and competitive nature and his training reflects that. He's working hard on having more of an impact inside 50 with his marks and contested football.

2



ANTHONY MORABITO [®]

DOB: 29/10/91 **HEIGHT:** 189cm
WEIGHT: 98kg **CAREER GAMES:** 26
CAREER GOALS: 14
DEBUT: Rd 1, 2010 v Adelaide

OUTLOOK:

Was delisted before being picked up in the rookie draft. Morabito has been the picture of determination as he builds momentum toward continuing his AFL career after a series of injuries.

WHAT THE COACH SAYS (Michael Prior):

His defensive capabilities have been a real bright spot this pre-season and he's continually working on improving his game.

3



ZAC DAWSON

DOB: 22/02/86 **HEIGHT:** 197cm
WEIGHT: 92kg **CAREER GAMES:** 146
CAREER GOALS: 7
DEBUT: Rd 21, 2005 Hawthorn v Richmond

OUTLOOK:

Didn't play until round 18 in 2015 and only managed five games for the season due to injury and suspension. He will look to step up and compete as he anchors a new look Fremantle backline without Luke McPharlin.

WHAT THE COACH SAYS (Michael Prior):

Had a really great summer, and put in a lot of work after an interrupted pre-season last year. He continues to provide a good example for the younger players at the club in terms of his work ethic and commitment to the game.

4



HARLEY BENNELL

DOB: 02/10/92 HEIGHT: 185cm
 WEIGHT: 85kg CAREER GAMES: 81
 CAREER GOALS: 92
 DEBUT: Rd 2, 2011 Gold Coast v Carlton

OUTLOOK:

The talented midfielder will look to let his footy do the talking as he attempts to re-establish himself as one of the best young players in the game. Has the ability to damage opposition teams with his disposal as well as on the scoreboard.

WHAT THE COACH SAYS (Marc Webb):

Harley had a bit of an interrupted pre-season but he's really worked hard to build his body to be ready for senior selection. He's shown in a short time that his preparation and work rate are of someone who's really fitting in at the club and we're expecting good things.

5



GARRICK IBBOTSON

DOB: 15/03/88 HEIGHT: 186cm
 WEIGHT: 81kg CAREER GAMES: 151
 CAREER GOALS: 22
 DEBUT: Rd 11, 2007 v Richmond

OUTLOOK:

Returned to full health in 2015, resulting in 24 games. A reliable defender, Ibbotson also added an attacking element to his game, posting a career-best 68 defensive rebounds.

WHAT THE COACH SAYS (Brent Guerra):

Garrick has had a very solid pre-season and his fitness allows him to be a constant presence as a rebound defender. He's a smart decision maker and a very strong overhead mark, which makes him a valuable asset to the team.

6



DANYLE PEARCE

DOB: 7/04/86 HEIGHT: 178cm
 WEIGHT: 76kg CAREER GAMES: 226
 CAREER GOALS: 119
 DEBUT: Rd 18, 2005 Port Adelaide v Nth Melb

OUTLOOK:

The reliable midfielder has rarely missed a game in his time at Fremantle, notching another 23 in 2015. Improved his goal kicking accuracy last season and will look to hurt opponents with his disposal inside 50.

WHAT THE COACH SAYS (Mark Stone):

Danyle goes into 2016 looking really fit and strong. He put on some size and strength in the summer and his skills and running ability have remained at a very high quality throughout the entire pre-season.

7



NAT FYFE

DOB: 18/09/91 HEIGHT: 190cm
 WEIGHT: 91kg CAREER GAMES: 112
 CAREER GOALS: 95
 DEBUT: Rd 5, 2010 v Richmond

OUTLOOK

Followed up back-to-back Doig Medal seasons by becoming the first Brownlow Medallist in Fremantle Dockers history. Averaged a career-high 28 disposals a game in 2015 and looks to make a bigger impact when going forward this season.

WHAT THE COACH SAYS (Marc Webb)

Nat has worked really hard in rehab to return from the leg injury he sustained in last year's preliminary final. He's a very strong player who's worked really hard in the gym over the summer so he can hit the ground running with the same form he ended last season with.

8



NICK SUBAN

DOB: 9/05/90 HEIGHT: 182cm
 WEIGHT: 81kg CAREER GAMES: 129
 CAREER GOALS: 52
 DEBUT: Rd 1, 2009 v Western Bulldogs

OUTLOOK:

A consistent player for the club, Suban played every game in 2015 and should continue to be a classy user of the ball all over the ground.

WHAT THE COACH SAYS (Simon Eastaugh):

Nick has been really competitive and continues to use his skills as a real weapon within our midfield. His volume of training over the pre-season has been really pleasing and he continues to be a vocal leader on the field.

9



MATT DE BOER

DOB: 10/03/90 **HEIGHT:** 186cm
WEIGHT: 86kg **CAREER GAMES:** 134
CAREER GOALS: 47
DEBUT: Rd 6, 2009 v West Coast

OUTLOOK:

De Boer was back to his consistent self in 2015, playing 19 games and averaging the most tackles per game in the team. Will look to get more of the ball whilst playing his usual defensive pressure role.

WHAT THE COACH SAYS (Simon Eastaugh):

Matt trained with Tendai Mzungu over the off-season and is always a really competitive player to have around the club. He's worked himself into some really good fitness, even better than previous years.

10



MICHAEL WALTERS

DOB: 7/01/91 **HEIGHT:** 177cm
WEIGHT: 76kg **CAREER GAMES:** 72
CAREER GOALS: 141
DEBUT: Rd 11, 2009 v Port Adelaide

OUTLOOK:

Walters improved his goal kicking efficiency with 44 goals to 19 behinds en route to finishing as the club's leading goal kicker in 2015. He also set a career-high 54 tackles.

WHAT THE COACH SAYS (Mark Stone):

His professionalism and preparation have improved every year for the past three or four years and is at a level now that's very elite. He's fit, strong and has really prepared well for the season. Has increased his work around the stoppages so we can use him in and out of the midfield and forward line.

11



TOMMY SHERIDAN

DOB: 28/10/93 **HEIGHT:** 187cm
WEIGHT: 82kg **CAREER GAMES:** 38
CAREER GOALS: 14
DEBUT: Rd 23, 2012 v Melbourne

OUTLOOK:

Capitalised on a strong pre-season by playing 19 games in 2015 and achieved a career-high 27 disposals in round 18 against GWS. Established himself as a regular in the senior team and will look to take this momentum into 2016.

WHAT THE COACH SAYS (Brent Guerra):

Tom ran really strongly in the team 3km time trial and has continued to build really well on last season. He provides great run from defence and is a good user of the ball.

12



JONATHON GRIFFIN

DOB: 14/01/86 **HEIGHT:** 201cm
WEIGHT: 101kg **CAREER GAMES:** 77
CAREER GOALS: 27
DEBUT: Rd 1, 2007 Adelaide v Essendon

OUTLOOK:

A handy swing ruckman, Griffin played 8 games in 2015 and showed ability in the forward line, kicking 9 goals from his limited playing time. Will look to establish himself alongside Aaron Sandilands in 2016.

WHAT THE COACH SAYS (Simon Eastaugh):

Has hit the ground running in 2016. He's had some interrupted years so it's good for him to get this work in, especially after finishing 2015 strongly.

13



TENDAI MZUNGU

DOB: 28/02/86 **HEIGHT:** 182cm
WEIGHT: 84kg **CAREER GAMES:** 97
CAREER GOALS: 54
DEBUT: Rd 9, 2011 v Port Adelaide

OUTLOOK:

An early season injury and a talent laden Fremantle team limited Mzungu to only 11 games in 2015. The reliable utility broke his own personal best in the 3km time trial and will look for consistency as he approaches his 100th game.

WHAT THE COACH SAYS (Simon Eastaugh):

Tendai hasn't missed a beat the entire pre-season. He's trained exceptionally well and did extra work over the break. Is one of our better runners consistently, day in and day out on the track.

14



LACHIE WELLER

DOB: 23/02/96 **HEIGHT:** 181cm
WEIGHT: 77kg **CAREER GAMES:** 3
CAREER GOALS: 0
DEBUT: Rd 18, 2015 v GWS Giants

OUTLOOK:

The club's first pick from the 2014 National Draft managed three games in 2015 and didn't look out of place at senior level. Will continue to bulk up to withstand the demands of AFL football.

WHAT THE COACH SAYS (Anthony Rock):

Lachie had an uninterrupted pre-season and we expect him to place enormous pressure on senior players for a spot in the team. He has great speed, elite kicking ability and makes very good decisions under pressure.

15



ETHAN HUGHES

DOB: 07/12/94 **HEIGHT:** 187cm
WEIGHT: 87kg **CAREER GAMES:** 1
CAREER GOALS: 0
DEBUT: Rd 23, 2015 v Port Adelaide

OUTLOOK:

Hughes was impressive on debut, gathering 22 disposals in an undermanned team against Port Adelaide. He was elevated to the senior list at the end of 2015 and will be pushing for senior selection this season.

WHAT THE COACH SAYS (Roger Hayden):

Spent some time through the midfield in the summer and has really improved his physical capabilities. Has improved his size and strength in the off-season, which is an asset to an already versatile player.

16

DAVID MUNDY

DOB: 20/07/85 **HEIGHT:** 192cm
WEIGHT: 89kg **CAREER GAMES:** 233
CAREER GOALS: 92
DEBUT: Rd 6, 2005 v Melbourne

OUTLOOK

Mundy continued to be a key performer for Fremantle in 2015, winning the ball inside and utilising his excellent skills en route to his first All Australian selection. No reason to expect anything less than his prolific best in 2016.

WHAT THE COACH SAYS (Marc Webb)

Dave has done the full pre-season and really balanced his game by looking at opportunities outside of the midfield. It's been really good for him and we expect some really strong inside work as well as the potential to play other roles.



17



HAYDEN CROZIER

DOB: 24/12/93 **HEIGHT:** 185cm
WEIGHT: 80kg **CAREER GAMES:** 34
CAREER GOALS: 25
DEBUT: Rd 10, 2012 v Adelaide

OUTLOOK:

Has shown glimpses in his young career of becoming an exciting small forward. Has a real sense for the goals and will be aiming for more consistency at senior level.

WHAT THE COACH SAYS (Mark Stone):

He's had an intense revamp of his program to continue to build and add strength to his frame, which he has worked extremely hard at. Will always have an ability to find and use the ball well.

18



DARCY TUCKER

DOB: 23/01/97 **HEIGHT:** 184cm
WEIGHT: 78kg **CAREER GAMES:** 0
CAREER GOALS: 0
DEBUT: Yet to debut

OUTLOOK:

Tucker already has an impressive physical frame for a first year player and will look to learn from experienced Fremantle midfielders as he attempts to break into the senior side.

WHAT THE COACH SAYS (Anthony Rock):

Darcy is an exciting talent who has soaked up all the information provided to him by senior players such as David Mundy and Nathan Fyfe. A well balanced, composed player with elite running and kicking skills.

19



CONNOR BLAKELY

DOB: 2/3/96 **HEIGHT:** 188cm
WEIGHT: 85kg **CAREER GAMES:** 1
CAREER GOALS: 0
DEBUT: Rd 23, 2015 v Port Adelaide

OUTLOOK:

Played his first game in round 23 last season, finishing with 12 disposals. Will continue to learn from teammates as he develops his game. Will add depth and size to an already big midfield unit.

WHAT THE COACH SAYS (Anthony Rock):

Connor has had a terrific pre-season and is ready to launch into his second AFL season. He has improved his endurance capabilities, and we anticipate him pushing hard for senior selection. Very good around stoppages, clean and sharp below the knees.

20



MATT TABERNER

DOB: 17/06/93 **HEIGHT:** 199cm
WEIGHT: 95kg **CAREER GAMES:** 28
CAREER GOALS: 23
DEBUT: Rd 13, 2013 v North Melbourne

OUTLOOK:

Taberner looked promising up forward in 2015 for Fremantle, kicking 14 goals from his 15 games. He has the potential to become a formidable tall forward.

WHAT THE COACH SAYS (Mark Stone):

His application to his football has really lifted to another level in the past year and he's worked tirelessly on all facets of his game. Is showing real signs of improvement in his marking on the lead and has continued to work on his contested marking.

21



MICHAEL BARLOW

DOB: 18/12/87 **HEIGHT:** 189cm
WEIGHT: 91kg **CAREER GAMES:** 113
CAREER GOALS: 75
DEBUT: Rd 1, 2010 v Adelaide

OUTLOOK

For a man who has set such a high benchmark, 2015 could be considered a down year for Barlow, even though he averaged over 22 disposals a game. A relentless competitor, he should continue to be a key contributor in a strong midfield

WHAT THE COACH SAYS (Simon Eastaugh)

Had a really good build up before Christmas and since then has been a really strong performer in our match simulation training. He continues to build his game toward an improved 2016.

22



TANNER SMITH [®]

DOB: 8/03/94 **HEIGHT:** 196cm
WEIGHT: 93kg **CAREER GAMES:** 2
CAREER GOALS: 0
DEBUT: Rd 4, 2013 v Hawthorn

OUTLOOK:

Was a solid performer for Peel Thunder in 2015 and earned senior selection in round 23 against Port Adelaide in which he gathered 17 disposals. Has the physical build to play all over the ground.

WHAT THE COACH SAYS (Roger Hayden):

He's a very fit, key position player who has played down back and up forward throughout the pre-season. Continued to build on his size and strength and has improved his ball skills as well.

23



CHRIS MAYNE

DOB: 2/11/88 **HEIGHT:** 188cm
WEIGHT: 86kg **CAREER GAMES:** 150
CAREER GOALS: 178
DEBUT: Rd 2, 2008 v Hawthorn

OUTLOOK:

Mayne took his forward line pressure to another level in 2015, averaging more than five tackles a game whilst also managing to kick 28 goals. A well-rounded forward who poses a match-up threat in every game.

WHAT THE COACH SAYS (Mark Stone):

Chris is very strong, fit and powerful and he uses this to advantage with his speed off the mark on leads. He leads by example in the forward line and is working to improve his contested marking in 2016.

24



HARLEY BALIC

DOB: 5/01/97 **HEIGHT:** 187cm
WEIGHT: 82kg **CAREER GAMES:** 0
CAREER GOALS: 0
DEBUT: Yet to debut

OUTLOOK:

Pick 38 in the 2015 National Draft, Balic boasts the athleticism and versatility to play all over the ground. Will look to bulk up to meet the demands of AFL football.

WHAT THE COACH SAYS (Anthony Rock):

Harley has worked extremely hard since arriving at the club. Has had an interrupted pre-season due to a wrist injury but has really impressed us with his diligence and overall professionalism.

25



ALEX PEARCE

DOB: 9/06/95 **HEIGHT:** 200cm
WEIGHT: 92kg **CAREER GAMES:** 13
CAREER GOALS: 3
DEBUT: Rd 6, 2015 v Essendon

OUTLOOK:

Very promising defender who looked comfortable at senior level playing 13 games and winning the 2015 Beacon Award as Fremantle's best first year player. Was selected in the team due to Michael Johnson's hamstring injury and slotted right in as a key contributor.

WHAT THE COACH SAYS (Michael Prior):

Was having a tremendous pre-season until he hurt his groin in January but his work ethic and diligence to his rehabilitation was very impressive. He's a fierce competitor who loves a contest so we have no doubt that he'll hit the ground running in 2016.

26



ED LANGDON

DOB: 01/02/96 **HEIGHT:** 182cm
WEIGHT: 76kg **CAREER GAMES:** 2
CAREER GOALS: 0
DEBUT: Rd 22, 2015 v Melbourne

OUTLOOK:

After an impressive season in the WAFL, Langdon played the last two regular season games, averaging 16 disposals. A quality outside runner who uses the ball well.

WHAT THE COACH SAYS (Anthony Rock):

Ed is an elite running talent, and he continues to work extremely hard on his skills and defensive running capabilities. We would expect to see Ed push for senior opportunities in 2016.

27



LACHIE NEALE

DOB: 24/05/93 **HEIGHT:** 177cm
WEIGHT: 79kg **CAREER GAMES:** 70
CAREER GOALS: 36
DEBUT: Rd 4, 2012 v St Kilda

OUTLOOK:

2015 was a breakout year for an already quality midfielder. Neale made the 40-man All Australian squad as well as the AFLPA's 22under22 team. He shows the ability to accumulate possessions at a rapid rate and has quickly become one of the most prolific ball winners in the game.

WHAT THE COACH SAYS (Marc Webb):

Lachie came back in great condition after the off-season. He ran really well over the pre-season and is constantly looking for ways to improve his inside and forward line capabilities.

28



BRADY GREY

DOB: 20/07/95 **HEIGHT:** 182cm
WEIGHT: 85kg **CAREER GAMES:** 1
CAREER GOALS: 0
DEBUT: Rd 23, 2015 v Port Adelaide

OUTLOOK:

Grey was rewarded for his strong performances in the WAFL last year with a round 23 selection against Port Adelaide in which he tallied 20 disposals on debut. While still relatively new to the game, Grey has shown flexibility in where he can line up and will continue to push for senior selection.

WHAT THE COACH SAYS (Roger Hayden):

Brady has been working really hard on his fitness since returning from shoulder surgery. He gives incredible effort every day, which is exactly what we are looking for in a small defender.

29



MATTHEW PAVLICH

DOB: 31/12/81 **HEIGHT:** 192cm
WEIGHT: 99kg **CAREER GAMES:** 335
CAREER GOALS: 669
DEBUT: Rd 5, 2000 v Melbourne

OUTLOOK

Much to the joy of the Fremantle faithful, the club's greatest player decided to play on in 2016. Pavlich remains one of the best-conditioned players at the club and will look to overcome a nagging Achilles injury that hampered the second half of last season. He will look to improve his goal tally, after finishing with 40 in 2015.

WHAT THE COACH SAYS (Mark Stone)

He's very fit and looks refreshed both physically and mentally. Although he handed over the captaincy it hasn't diminished the leadership he provides in any way. Looks set for yet another really good season.

30



ZAC CLARKE

DOB: 28/03/90 HEIGHT: 203cm
WEIGHT: 96kg CAREER GAMES: 88
CAREER GOALS: 46
DEBUT: Rd 13, 2009 v Collingwood

OUTLOOK:

One of the most impressive athletes at Fremantle, Clarke played 14 games in 2015 but spent the better part of mid-season in the WAFL. Could establish himself as a tall forward threat.

WHAT THE COACH SAYS (David Hale):

Spent some time in the rehab group in the pre-season but has looked really good since joining the main group. Looking to continue with his ruck/forward role, he's a professional in how he prepares, so hoping for a solid, uninterrupted 2016.

31

AARON SANDILANDS

DOB: 6/12/82 HEIGHT: 211cm
WEIGHT: 119kg CAREER GAMES: 239
CAREER GOALS: 92
DEBUT: Rd 1, 2003 v Adelaide

OUTLOOK

Won his second Doig Medal following the 2015 season and was unlucky to miss out on All Australian selection despite averaging a career-high 43 hit outs a game. He's had an injury free pre-season and is in good condition to remain one of the game's dominant ruckmen.

WHAT THE COACH SAYS (Simon Eastaugh)

Has continued to improve his fitness base and has been working on his role within our forward structure as well as the midfield.



32



STEPHEN HILL

DOB: 1/05/90 HEIGHT: 183cm
WEIGHT: 82kg CAREER GAMES: 151
CAREER GOALS: 100
DEBUT: Rd 1, 2009 v Western Bulldogs

OUTLOOK:

2015 was a career year for Hill who averaged 24 disposals a game while remaining his line-breaking, exciting self and was acknowledged in the All Australian 40-man squad. One of the best players in the game when at full stride. Takes the game on and finishes with precision.

WHAT THE COACH SAYS (Marc Webb):

Once again he's had a really consistent pre-season and continues to be one of our best runners. He's really balanced his ability to play in different roles and looks to continue being a very versatile performer for us.

33



CAM SUTCLIFFE

DOB: 23/05/92 HEIGHT: 186cm
WEIGHT: 83kg CAREER GAMES: 68
CAREER GOALS: 14
DEBUT: Rd 15, 2012 v Western Bulldogs

OUTLOOK:

Sutcliffe is a classy rebound defender. He has superior foot skills and rarely makes a mistake when delivering the ball. Can set up counter-attacks with precision and began to find more of the football toward the end of 2015.

WHAT THE COACH SAYS (Brent Guerra):

Cam had an interrupted pre-season but since returning has looked really sharp both with his fitness and his ball use. Ran a tremendous 3km time trial and his running abilities complement the tough edge he's developed as a defender.

34



LEE SPURR

DOB: 27/07/87 HEIGHT: 182cm
WEIGHT: 81kg CAREER GAMES: 82
CAREER GOALS: 5
DEBUT: Rd 6, 2012 v Gold Coast

OUTLOOK:

Constantly plays a valuable role defending smaller forwards, Spurr continues to improve his game and found more of the football in 2015. He's an excellent leader with a "business as usual" mentality on the field.

WHAT THE COACH SAYS (Brent Guerra):

Lee has had a great pre-season and on top of his play on the field, he continues to show great leadership in the backline. He's a tremendous kick of the football with both feet and we can rely on him in the backline to deliver the ball at a high standard.

35



MICHAEL APENESS

DOB: 28/01/95 **HEIGHT:** 200cm
WEIGHT: 101kg **CAREER GAMES:** 2
CAREER GOALS: 0
DEBUT: Round 16, 2014 v Melbourne

OUTLOOK:

Hoping to get a better look at senior level following a serious knee injury that kept him sidelined in 2015. An imposing figure at 200cm, Apeness would be another tall target in an already towering Fremantle forward line.

WHAT THE COACH SAYS (David Hale):

Has had a couple of interrupted years due to injury, but his drive and tenacity to attack his rehabilitation has been really impressive. Once he gets up and running he can be another key ruck/forward component for us.



37

MICHAEL JOHNSON

DOB: 20/10/84 **HEIGHT:** 195cm
WEIGHT: 88kg **CAREER GAMES:** 205
CAREER GOALS: 63
DEBUT: Rd 4, 2005 v Richmond

OUTLOOK:

Will look to regain his All Australian form after missing eight weeks with a hamstring injury in 2015. He remains one of the most highly skilled defenders in the league, constantly setting up attack with his ball use and ability to read the play.

WHAT THE COACH SAYS (Michael Prior):

He had a really good pre-season except for some minor setbacks. Has really grown as a leader, which was evident when the team selected him as part of the leadership group. Has had a huge impact in the development of our younger key defenders as well.

36



ALEX SILVAGNI

DOB: 29/09/87 **HEIGHT:** 192cm
WEIGHT: 92kg **CAREER GAMES:** 48
CAREER GOALS: 10
DEBUT: Rd 1, 2010 v Adelaide

OUTLOOK:

A physical player, Silvagni will be hoping for consistent senior football as a hamstring injury and suspension limited him to two games in 2015. He's a reliable defender who can play both tall and small.

WHAT THE COACH SAYS (Michael Prior):

Hasn't missed a beat so far this pre-season, missed a lot of footy early last year so he's been intent on getting as much work as possible in. He's shown that he's a competitive person and is doing everything in his power to cement a place in the side.

38



JACK HANNATH

DOB: 9/07/91 **HEIGHT:** 200cm
WEIGHT: 101kg **CAREER GAMES:** 18
CAREER GOALS: 8
DEBUT: Rd 5, 2013 v Richmond

OUTLOOK:

Has shown potential as a swingman forward and will look to refine his abilities as he approaches senior selection.

WHAT THE COACH SAYS (David Hale):

Jack had a full pre-season and arrived with a good base, which he's really built on. He has a really good frame to play ruck and swing forward and after some time in the system we anticipate he will take a solid step forward this season.

39



JOSH DELUCA [®]

DOB: 11/05/96 **HEIGHT:** 181cm
WEIGHT: 83kg **CAREER GAMES:** 0
CAREER GOALS: 0
DEBUT: Yet to debut

OUTLOOK:

The young West Australian played 12 games in the WAFL with Peel Thunder last season. He was delisted at the end of 2015 but was redrafted as a rookie.

WHAT THE COACH SAYS (Peter Sumich):

He's gone very well this summer and that's translated to his best pre-season in his time at the club. He's ready to go and we expect him to be up and running for Peel's first game.

40



SAM COLLINS

DOB: 15/06/94 **HEIGHT:** 194cm
WEIGHT: 92kg **CAREER GAMES:** 0
CAREER GOALS: 0
DEBUT: Yet to debut

OUTLOOK:

A mature, young player whose size, versatility and maturity provide the blueprint for a quality AFL player. Impressed in his time with Box Hill in the VFL, making the leadership group as a 19 year old as well as winning Best Clubman and Most Professional Player awards.

WHAT THE COACH SAYS (Roger Hayden):

First year player who has impressed a lot of people here. He's a big, physical key defender with an outstanding aerobic capacity and reads the play very well.

41



SHANE YARRAN

DOB: 02/06/89 **HEIGHT:** 185cm
WEIGHT: 79kg **CAREER GAMES:** 0
CAREER GOALS: 0
DEBUT: Yet to debut

OUTLOOK:

A mature age recruit from Subiaco, Yarran displayed an impressive blend of size, speed and ability as he finished as the WAFL's highest goal scorer with 54. His natural goal sense and overhead marking ability could prove to be a match-up nightmare in the forward line.

WHAT THE COACH SAYS (David Hale):

Had his pre-season interrupted by injury and was in the rehab group early in the year. He'll be looking to get his fitness to a level where he can string together some consistent games.

42



MATTHEW UEBERGANG [®]

DOB: 06/01/95 **HEIGHT:** 194cm
WEIGHT: 91kg **CAREER GAMES:** 0
CAREER GOALS: 0
DEBUT: Yet to debut

OUTLOOK:

Taken with pick 16 in the 2015 Rookie Draft, Uebergang has the potential to play as a forward or defender given his ideal size, speed and ability to read the play. A promising player who won the NEAFL Rising Star award to complement his Team of the Year selection.

WHAT THE COACH SAYS (Roger Hayden):

Matthew has continued to build over the pre-season after coming to the club from the NEAFL. He's a key position player with good decision making ability and skills.

43



RYAN NYHUIS [®]

DOB: 06/09/96 **HEIGHT:** 188cm
WEIGHT: 85kg **CAREER GAMES:** 0
CAREER GOALS: 0
DEBUT: Yet to debut

OUTLOOK:

Nyhuis is a task oriented, high-character footballer who excels in the contest and can play a variety of positions. He captained the Northern Territory through the under-18 championships and is highly regarded for his leadership abilities.

What the coach says (Adam Read):

Like many first year players, Ryan has been involved in a slow build to get him ready for the demands of senior football. He's an ultra competitive, lock-down defender who's very diligent with his preparation and play on the field.

45



SEAN HURLEY [®]

DOB: 02/03/92 **HEIGHT:** 196cm
WEIGHT: 95kg **CAREER GAMES:** 0
CAREER GOALS: 0
DEBUT: Yet to debut

OUTLOOK:

Played for Peel Thunder in the WAFL in 2015, appearing in 14 senior games, kicking seven goals. Will continue to develop as a player and has shown the ability to kick goals despite initially penned as a defender.

What the coach says (Peter Sumich):

Sean had a great pre-season, and has really found his footing in the game after coming over from Ireland. Unfortunately he'll miss some time with a hip injury, which will interrupt his training a bit, but we hope that he'll be back sooner rather than later.

46



CLANCEE PEARCE

DOB: 23/10/90 **HEIGHT:** 182cm
WEIGHT: 85kg **CAREER GAMES:** 96
CAREER GOALS: 36
DEBUT: Rd 11, 2009 v Port Adelaide

OUTLOOK:

After an injury plagued 2014, Pearce was able to play 18 games last season for Fremantle, averaging over 18 disposals a game. A predictable player who always attacks the ball with tenacity and courage and is a valuable asset to the team.

What the coach says (Simon Eastaugh):

Clancee had post-season surgery but has worked extremely hard to join the main squad. He's been really consistent and given himself every opportunity to build on last year.

2016 FREMANTLE SPONSORS

MAJOR



PLATINUM



DIAMOND



GOLD



The West Australian



Good people to know.



SILVER



hit92.9





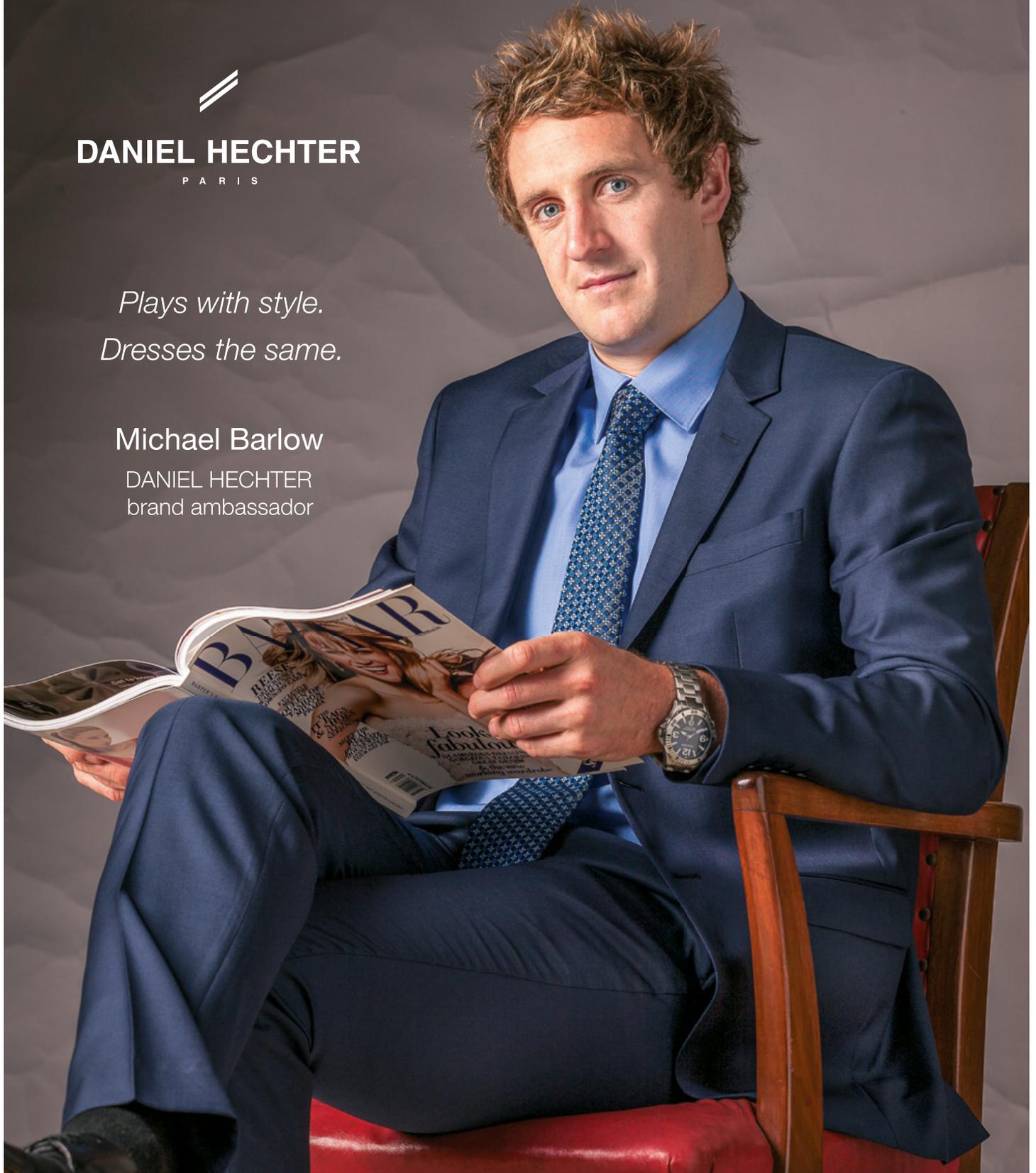
DANIEL HECHTER

P A R I S

*Plays with style.
Dresses the same.*

Michael Barlow

DANIEL HECHTER
brand ambassador



FREMANTLE
DOCKERS



Fremantle Dockers members receive a **20 per cent discount** when presenting their membership card at Brookfield Place, St Georges Terrace, Perth

 Find us on
Facebook

WHERE HAVE THEY DOCKED?

ANTONI GROVER

Grover debuted against Sydney in round 21, 1999. He would go on to play 202 games for Fremantle, becoming the first indigenous player in club history to reach the double century. He currently sits ninth on the Freo all-time games played list and is enjoying life after footy.

Where are you living these days?

I'm not too far from Freo actually, just over in Palmyra, so not too much of a change of scenery for me.

Where are you working?

I work as part of the community inclusion team with the Department of Sport and Recreation. Playing footy for so long, I'm pretty big into my sport so it's been really good for me.

Are you still involved in football?

I'm still pretty keen on my footy, I guess that's not something that really goes away. I'm pursuing senior coaching at Kelmscott Football Club. I've always thought it's good to spend some time working at the amateur level.

Who's your favourite Freo player to watch?

I'm looking forward to watching Harley Bennell play for Fremantle, I know how much talent he has and have known him as a friend since before he arrived at the club, so I can't wait to see him run out there with the boys.



ABOVE: Grover celebrates one of his 27 career goals

What do you do with your spare time?

My life without footy isn't actually too different, obviously a bit less of a spotlight on it but it's still work, football and taking care of the kids.

Best memory from your time at Freo?

It would have to be my debut and my 200th game, they're the two big highlights as well as all the mates you make over the journey.

What do you remember from your debut?

I remember playing at the WACA and it was Tony Lockett's last ever game in Western Australia. I remember how nervous I was, the bones were rattling but I went out and played alright and had 20-odd touches. It was all a bit of a blur at stages but I remember bits and pieces.

What do you miss most about your time at Freo?

I think I miss being out in the sun each day, being able to wear whatever I want to work. Also the general day-to-day relationships that come with playing footy and the mateship that develops from being within a footy club.

“ I REMEMBER PLAYING AT THE WACA AND IT WAS TONY LOCKETT'S LAST EVER GAME IN WESTERN AUSTRALIA
ANTONI GROVER

RIGHT: Highly regarded for his toughness and versatility, Grover was a defensive lynchpin in his 202 games for Freo





Welcome to the
PURPLE PATCH
 Fantastic photos from Fremantle fans!

TEACHING THE FREO WAY

My wife and I recently took 13 students from Frederick Irwin Anglican School in Mandurah to Myanmar. We lived in a mountain village near the Thai border for eight days teaching in schools.

The village is scattered among jungle covered mountains and has no grassed playing fields for students. At the end of the trip we donated two Freo footballs to the students so they could have some fun and learn about AFL.

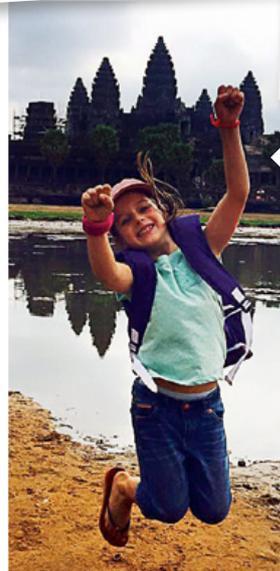
NOEL O'KEY
 MANDURAH



FREO KICKS

I treated myself to these specially made shoes in preparation for the upcoming season. I'm in the Freo cheer squad and even though I am the only one with a pair of these at the moment, I'm sure after round 1 more and more Freo fans will be wearing them. They weren't cheap but they are amazing!

ELLEN SMITH
 GIRRAWHEEN



AMBASSADOR ADDISON

I recently had my fellow Freo member friends visit me in Cambodia. One of your newest little members Addison Smith was sporting her new Freo member backpack, which was bigger than her. She wore it all over Cambodia on their recent trip, including her visit to the world's largest religious site, Angkor Wat. At seven years of age this little Freo Dockers fan told everyone about the AFL, the Freo Dockers and her favourite player Nat Fyfe.

TRINA CAPPS
 PHNOM PENH, CAMBODIA



#ROOMGOALS

My eight-year-old Freo Dockers-obsessed son Noah has painted his entire bedroom purple. Everything in his room is Freo related and he even sleeps in his Freo pyjamas.

TAMMY UNKOVICH-CATTERMOLE
SAMSON

FREO IN 'HOT AIR'

I work for Windward Balloon Adventures and we donate a voucher for a balloon flight each year in memory of a staff member who was (like me) proud, passionate and loyal. Recently Northam hosted the National Ballooning Championships and 22 contestants and crew came from Japan, Russia, Canada, China as well as the Eastern States. On this morning, 20 balloons launched on my farm at Grass Valley, so I fronted up in my Freo Dockers gear to enjoy the spectacle.

HEATHER MEIKLEM
GRASS VALLEY



STAR STRUCK

My friend Jenni and I were lucky enough to be at the 2015 WA Sportstar Awards, with the star of the night Nat Fyfe. We are both inaugural members of the Freo Dockers and were excited for Nat to win.

KAY LANE
CITY BEACH



BULL SEES PURPLE

After heading to London to watch the Lords test match I took my family to Spain for a couple of weeks. Here's a selfie of my son Tyler and I in the world's oldest bull ring in Ronda, Spain, where we are proudly wearing purple.

CAMERON WILSON
MT RICHON

FREO REPRESENT

My family went to the UK in July to see our family and we took the kids to the top of Mount Snowdon in Wales (1,085m high). The kids proudly wore their Freo Dockers gear everywhere.

STEVE AITKEN
HAMMOND PARK



Wish you were here! Send your photos to purplepatch@fremantlefc.com.au





hi kids,

How much do you LOVE the footy season? Summer has been great, heading down to the beach for a swim and surf but when it's time for footy to start I can't contain my excitement.

I've been keeping a close eye on the players during pre-season and they are super fit and ready to go.

David Mundy is our new captain this year, and I found some time to catch up with him and ask him some questions, so you guys can learn a little more about him. Keep reading to find out what some of his favourite things are.

Jenny and I can't wait to see all our junior fans at Domain Stadium this year. If you see us around make sure you say hello! We love having photos with our fans.

Catch you on the flip side!

JOHNNY
'THE DOC'

DAVID MUNDY

Favourite colour: Blue

Favourite food: Vegetarian risotto

Favourite Gatorade colour: Orange

Favourite cartoon: Samurai Jack

Do you have any pets? Yes, two dogs, Zoe and The Kernal, three hens Harriet, Helga and Henrietta and two alpacas, Ally and Pacca.



MUNDY'S FURRY FAVES:
"Ally" and "Pacca"

FREO puzzle

Can you find these Freo players' names in the word sleuth?

- | | |
|------------|---------|
| PAVLICH | HILL |
| MUNDY | WALTERS |
| BALLANTYNE | NEALE |
| SANDILANDS | BARLOW |
| SPURR | JOHNSON |
| MAYNE | FYFE |



meet the new recruits!

ANSWERS: 1. Darcy Tucker, 2. Harley Balic, 3. Matthew Uebergang, 4. Sam Collins, 5. Shane Yarran, 6. Ryan Nyhuis.

A G S D N J D G B H X J W M S
 D L M D J O H N S O N O S U H
 C P F Y N G O U E J Q P F N C
 E N Y T N A L L A B U N S D I
 W L S M E M L A J R A R F Y L
 G B A F Q L T I R X E R M J V
 T M Y E A L A E D T I N L Q A
 G F Q G N I X C L N F L W O P
 E N Y A M H E A S Z A G G X W
 L V N E N J W C K G B S M C B

FILTER FILES

Can you match our new recruits to their filtered images?
 RYAN NYHUIS, SAM COLLINS, MATTHEW UEBERGANG, DARCY TUCKER,
 HARLEY BALIC, SHANE YARRAN.



MATCH DAY FUN!

If you're heading along to Freo home games at Domain Stadium this season make sure you check out the **Purple Playground** at Market Square for plenty of pre-game fun. You can test your footy skills, and you might even meet a non-playing Freo player. After you've been to the Purple Playground head along to **KidZone** at gate 8 to have your face painted and join in the fun and games.





TICKETS
\$10

FREMANTLE DOCKERS FOUNDATION
2016 RAFFLE

**MAJOR
PRIZE**



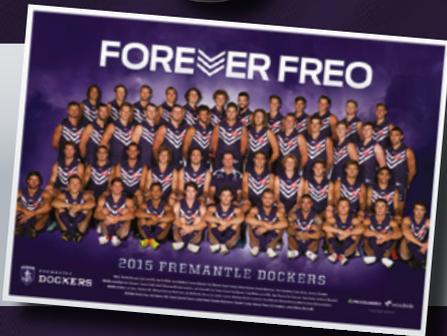
**\$25,000
CASH!**

**2ND
PRIZE**



**2016
HYUNDAI
ACCENT**

**3RD
PRIZE**



**PLACE IN 2017
TEAM PHOTO**

BOOK BUYER'S PRIZE
**\$2,500
CASH!**



EARLY BIRD PRIZE
**2016 TOYOTA AFL
GRAND FINAL
PACKAGE FOR TWO**
*INCLUDING FLIGHTS & ACCOMMODATION**



RAFFLE OPENS: 24 MARCH 2016 | RAFFLE CLOSES: 12 OCTOBER 2016 | EARLY BIRD DRAW: 4 JULY 2016

MAIN DRAW: 19 OCTOBER 2016

Proceeds of this raffle provide funding to the club's school and community based football program through the Fremantle Dockers Foundation.



FREMANTLE
DOCKERS



Proud Major Sponsors

*Official AFL Authorisation Code:
OSAFL16/12